

**INDIRA GANDHI NATIONAL OPEN UNIVERSITY
REGIONAL CENTRE DELHI-2
Learner Support Center : 2900
Online Counselling Schedule- Google Meet Platform**

Name of the LSC: RC DELHI-2

LSC Code : 2900

Programme: Post Graduate Diploma in Mental Health (PGDMH)

Admission Session- January 2024

Programme Structure

MPC 051: Fundamentals of Mental Health

MPC 052: Mental Disorders

MPC 053: Mental Health in Special Areas

MPC 054: Services for the Mentally Ill

MPCA 055: Internship

Link for Participation- <https://meet.google.com/hoq-npfq-cfw>

Date	Time	Course	Block/Unit	Expert
06/07/2024	6.00 -8.00 PM	MPC 051	Block 1: Concept of mind Page 1	Prof. Sandeep Kumar BHU
07/07/2024	6.00 -8.00 PM	MPC 051	Block 2: Schools of Psychology Unit 1: Behavioural Theories Unit 2: Biological theories	Prof. Urmila Srivastava - BHU
08/07/2024	6.00 -8.00 PM	MPC 051	Block 2: Schools of Psychology Unit 3: Humanistic and Existential Psychology	Prof. Urmila Srivastava - BHU
09/07/2024	6.00 -8.00 PM	MPC 051	Block 2: Schools of Psychology Unit 4: Psychoanalytical and Related theories	Prof. Urmila Srivastava BHU

10/07/2024	6.00 -8.00 PM	MPC 051	Block 3: Normality and Abnormality Unit 1: Historical perspectives of mental health Unit 2: Definition of Normality and abnormality	Dr. Krishan K Sony – PGIMER Chandigarh
11/07/2024	6.00 -8.00 PM	MPC 051	Block 3: Normality and Abnormality Unit 3: Conative functions: Normal and pathological Unit 4: Cognitive functions: Normal and pathological	Dr. Krishan K Sony – PGIMER Chandigarh
14/07/2024	6.00 -8.00 PM	MPC 051	Block 4: Family, Culture and Mental Health Unit 1: Developmental theories	Prof. Sandeep Kumar BHU
15/07/2024	6.00 -8.00 PM	MPC 051	Block 4: Family, Culture and Mental Health Unit 2: Family and mental health	Prof. Sandeep Kumar BHU
16/07/2024	6.00 -8.00 PM	MPC 051	Block 4: Family, Culture and Mental Health Unit 3: Sociology of mental health Unit-4: Culture and metal health	Prof. Sandeep Kumar BHU
16/07/2024	8.00 -8.30PM	MPCA 055: Internship & Interaction with Programme Coordinator (PGDMH)		Prof. Swati Patra, SOSS, IGNOU
17/07/2024	6.00 -8.00 PM	MPC 052	Block 1: Classification of Mental Disorders Unit 1: Classification Unit 4: Neurotic disorders	Prof. Gaurishanker Kaloiya, AIIMS
18/07/2024	6.00 -8.00 PM	MPC 052	Block 1: Classification of Mental Disorders Unit 2: Schizophrenia	Prof. Gaurishanker Kaloiya, AIIMS
19/07/2024	6.00 -8.00 PM	MPC 052	Block 1: Classification of Mental Disorders Unit 3: Mood disorders Unit 5 :Other disorders	Prof. Gaurishanker Kaloiya, AIIMS
20/07/2024	6.00 -8.00 PM	MPC 052	Block 2: Epidemiology and Prevalence of Mental Disorders	Prof. Gaurishanker Kaloiya, AIIMS
21/07/2024	6.00 -8.00 PM	MPC 052	Block 2: Epidemiology and Prevalence of Mental Disorders	Prof. Gaurishanker Kaloiya, AIIMS
22/07/2024	6.00 -8.00 PM	MPC 052	Block 3: Clinical manifestations Course and Outcome of Mental Disorders	Dr Pooja Sharma Nath

23/07/2024	6.00 -8.00 PM	MPC 052	Block 3: Clinical manifestations Course and Outcome of Mental Disorders	Dr Pooja Sharma Nath
24/07/2024	6.00 -8.00 PM	MPC 052	Block 4: Identification and Assessment of Mental Disorders	Dr Pooja Sharma Nath
25/07/2024	6.00 -8.00 PM	MPC 052	Block 4: Identification and Assessment of Mental Disorders	Dr Pooja Sharma Nath
25/07/2024	8.00 -8.30PM	MPCA 055: Internship & Interaction with Programme Coordinator (PGDMH)		Prof. Swati Patra, SOSS, IGNOU
26/07/2024	6.00 -8.00 PM	MPC 053	Block 1: Mental Health in Special Population Unit 1: Child and adolescent mental health	Dr. Krishan K Sony – PGIMER Chandigarh
27/07/2024	6.00 -8.00 PM	MPC 053	Block 1: Mental Health in Special Population Unit 2: Old age and mental health	Dr. Krishan K Sony – PGIMER Chandigarh
28/07/2024	6.00 -8.00 PM	MPC 053	Block 1: Mental Health in Special Population Unit 3: Women and mental health Unit 4: Marriage and mental health	Dr. Krishan K Sony – PGIMER Chandigarh
29/07/2024	6.00 -8.00 PM	MPC 053	Block 2: Specific Issues on Mental Health Unit 1: Deliberate self-harm and suicide Unit 2: Problems related to school	Dr. Krishan K Sony – PGIMER Chandigarh
30/07/2024	6.00 -8.00 PM	MPC 053	Block 2: Specific Issues on Mental Health Unit 3: Problems related to sex Unit 4: Problems related to work area	Dr. Krishan K Sony – PGIMER Chandigarh
31/07/2024	6.00 -8.00 PM	MPC 053	Block 3: Developmental Disorders Unit 1: Mental Retardation Unit 2: Specific learning disabilities	Dr. Sunita Devi, NIEPID, Hyderabad
01/08/2024	6.00 -8.00 PM	MPC 053	Block 3: Developmental Disorders Unit 3: Other learning disabilities Unit 4: Assessment and certification Unit 5: Rehabilitation	Dr. Sunita Devi, NIEPID, Hyderabad
02/08/2024	6.00 -8.00 PM	MPC 053	Block 4: Addictions	Prof. Gaurishanker Kaloiya. AIIMS

03/08/2024	6.00 -8.00 PM	MPC 053	Block 4: Addictions	Prof. Gaurishanker Kaloiya, AIIMS
03/08/2024	8.00 -8.30PM	MPCA 055: Internship & Interaction with Programme Coordinator (PGDMH)		Prof. Swati Patra, SOSS, IGNOU
04/08/2024	6.00 -8.00 PM	MPC 054	Block 1. Rights and laws related to mental illness	Prof Urmila Srivastava - BHU
05/08/2024	6.00 -8.00 PM	MPC 054	Block 1. Rights and laws related to mental illness	Prof Urmila Srivastava - BHU
06/08/2024	6.00 -8.00 PM	MPC 054	Block 2: Mental Health Services	Dr. Sunita Devi, NIEPID, Hyderabad
07/08/2024	6.00 -8.00 PM	MPC 054	Block 2: Mental Health Services	Dr. Sunita Devi, NIEPID, Hyderabad
08/08/2024	6.00 -8.00 PM	MPC 054	Block 3: Psychological Therapies Unit 1: Counselling and guidance Unit 2: Psychotherapy	Dr Pooja Sharma Nath
09/08/2024	6.00 -8.00 PM	MPC 054	Block 3: Psychological Therapies Unit 3: Cognitive therapies	Dr Pooja Sharma Nath
10/08/2024	6.00 -8.00 PM	MPC 054	Block 3: Psychological Therapies Unit 4: Anger and stress management, Crisis intervention	Dr Pooja Sharma Nath
11/08/2024	6.00 -8.00 PM	MPC 054	Block 4: Future Direction	Dr. Sunita Devi, NIEPID, Hyderabad
12/08/2024	6.00 -8.00 PM	MPC 054	Block 4: Future Direction	Dr. Sunita Devi, NIEPID, Hyderabad
12/08/2024	8.00 -8.30PM	MPCA 055: Internship & Interaction with Programme Coordinator (PGDMH)		Prof. Swati Patra, SOSS, IGNOU
